

# THE ALLOTMENT

## Licensed Coffee Shop

200 Wigan Lane, WN1 2LA,  
Next to the Hospital

Open 10am to 4pm  
Wednesday to Sunday

Events, Reservations & Pre-  
orders Tel 01942 665670

## MENU

Welcome to The Allotment, we are Bernie and Martin, a husband and wife team. We have a passion for growing and eating our own produce and believe that organic, pesticide free and home-grown veg is not only healthier, but tastes far better. We like to use our salads and vegetables here in the coffee shop. We have an Allotment (veg plot) at New Springs Horticultural Society and also aim to use other members surplus produce.

When our fruit and vegetables run low, we aim to source from local organic suppliers, notably Greenslate Community Farm, Billinge, who share our values.

Our organic award winning Lancashire cheese is from Leagram Organic Dairy, Chipping and our milk is always organic.

Jams and Chutneys are made in small batches by Reedy's, who source the majority of their natural ingredients from Lancashire. They won the English Food Produce of the Year Award 2017.

Our bread is from All You Knead, an artisan bakery at Haigh Hall Courtyard.

Eggs are sometimes kindly provided by our pet chickens, who are spoilt with organic feed and vegetable peelings.

Coffee is provided by Roberts & Co, which is roasted at Cedar Farm, near Parbold.

Ice Cream is high quality and contains no hidden nasties. We also use this in our milkshakes.

We hope that you enjoy sitting and relaxing at The Allotment and that you are inspired to grow and eat more vegetables.

**Please order food at the counter and note that food is served until 3.20 pm**

### Light Bites and Breakfast

- Toasted tea cake, served with butter £2.20
- 2 Crumpets with butter £2.00
- Toast: 2 slices of thick artisan bread, served jam or marmalade and butter £2.20
  - Reedy's jam or marmalade +30p
- Bacon sandwich on artisan bread (served until 11.30 am) £3.30
  - Toasted +20p
- Beans on toast: 2 slices of artisan bread, with baked beans (served until 11.30 am) £4.00
  - Grated Cheddar cheese +50p
- Bacon and cheese breakfast panini (served until 11.30 am) £5.00
- Pork pie with Reedy's chutney or Dijon mustard £3.00
- Mixed olives £2.00

## Paninis

*Served with a small side-salad of the day*

- Chicken, pesto, sweet pepper, cheese and red onion £6.50
- Chicken, Chorizo, cheese and sweet pepper £6.50
- Tuna melt, mature cheddar and red onion £6.50
- Cheese, tomato and pesto £5.50
- Cheese, tomato and Reedy's chilli jam £5.50
- Ham, cheese and tomato £6.50
- Roasted vegetables and vegan pesto (including side of humous) - Vegan £6.00
- Jackfruit and roasted vegetables (including side of humous) - Vegan £6.50

## Salads and Sandwiches

*Sandwiches available on white or brown artisan bread, served with our salad of the day*

- Egg mayonnaise, with salad leaves (free range or organic eggs) £5.00
- Organic Lancashire cheese from Leagram Organic Dairy, with Reedy's tomato chutney £5.50
- Ham and organic Lancashire Cheese, with chutney £5.90
- Chicken with coronation sauce and salad leaves £5.70
- Tuna with mayonnaise and salad leaves £5.50
- Chicken and bacon with mayonnaise and salad leaves £5.90
- Bacon, mayo, lettuce and tomato £5.50
- Chicken, bacon, mayo, lettuce and tomato £5.90
- Ham (with or without chutney) and salad leaves £5.50
- Roasted vegetables and vegan pesto - Vegan £5.20
- Jackfruit and roasted vegetables - Vegan £5.70

**Salads:** All sandwiches are available as salads for £1.00 extra

## Home-Made Soup

- Soup of the day, served with a thick slice of artisan bread £4.50
- Soup of the day and half a sandwich of your choice £7.00
- Add a small cup of soup to a panini or sandwich £2.00

## Platters

- Mediterranean platter: Feta, olives, hummus, tomatoes, roasted red peppers, balsamic and olive oil dip and a chunk of fresh artisan bread £7.90
- Lancashire platter: Leagram's award winning organic Lancashire cheese, pork pie, ham, Reedy's chutney, fresh artisan bread and Fiddlers Lancashire crisps £7.90

## Children's Sandwiches

Ham, cheese, chicken or tuna mayonnaise (half sandwich on white or brown). Served with crisps and a fruit juice.

£3.00

## Cakes and Ice Creams

- Selection of cakes, made with organic flour: Individually priced
- Dairy and Vegan ice cream: please ask for flavours

**Takeaway:** Lunch-time Sandwiches and Paninis available without a side-salad, for a reduction of £1.00. Please **pre-order** if you have limited time

## Allergies:

- Gluten free bread available at no extra cost
- Please speak to staff if you have food allergies and we will do our utmost to accomodate